

PROGRAMS

THE CENTER OFFERS THE FOLLOWING PROGRAMS

- Interdisciplinary Team Evaluation and Management
- Surgical Rehabilitation
- Speech Team Management
- Individualized Speech Treatment Programs
- Educational Resources

MEMBERS OF THE TEAM

- **Lianne M. de Serres, MD, MS**
Pediatric Otolaryngology - Head and Neck Surgery
- **Étoile M. LeBlanc, MS, MPH, CCC**
Craniofacial Speech Physiology
- **Michelle Kantor, CCC - SLP**
Speech Physiology
- **Kwame Yeboa, MD**
Pediatric Genetics
- **Ellen Koslo MS-A**
Pediatric Audiology
- **Sid Eisig, DDS**
Pediatric/Adult Oral & Maxillofacial
- **David Evans, DDS**
Prosthodontics

INFORMATION

FOR MORE INFORMATION ON THE CENTER OR TO SCHEDULE AN APPOINTMENT

CALL 212-305-7479

For more information, please contact
www.chony.org

DIRECTIONS

Directions to Children's Hospital of NewYork-Presbyterian (CHONY): 3959 Broadway, 5th Floor North
CHONY is located in northern Manhattan between 165th and 168th Streets on Broadway. Valet parking is available in front of the hospital.

By Public Transportation

Take the A, C, 1 or 9 trains to the 168th Street station. From midtown Manhattan and Brooklyn, the A train provides express service. A number of city buses serve the medical center: M-2, 3, 4, 5, and 100. For additional bus and subway information, call the Transit Authority at 718-330-1324.

By Automobile

The most convenient way to reach the medical center by automobile is to follow directions to the George Washington Bridge. Then exit onto Riverside Drive. From there, proceed south and turn left onto West 165th Street (the first left), and then go 2 blocks left on Broadway. Make a U turn to find Valet parking in front of the hospital.

From upstate New York and New Jersey

After crossing the George Washington Bridge, follow signs to the Henry Hudson Parkway (also called the West Side Highway), and then to Riverside Drive.

From Riverdale & Westchester via the Saw Mill River Parkway

Exit left from the Henry Hudson Parkway at the Riverside Drive exit, which is just past the George Washington Bridge.

From Westchester, Connecticut, or the East Side of Manhattan via the Major Deegan, Cross Bronx Expressway, or Harlem River Drive

Approaching the George Washington Bridge, take the Henry Hudson Parkway exit; on the approach to the Henry Hudson Parkway, stay to the left and follow signs to Riverside Drive.

From the West Side of Manhattan

Take the West Side Highway North to exit 15-Riverside Drive South.

 **Children's Hospital of New York**
NewYork-Presbyterian
The University Hospitals of Columbia and Cornell

 **Children's Hospital of New York**

Craniofacial Speech Disorders Center




“Making a Difference”

Providing Specialized
Diagnosis and Treatment
of Velopharyngeal
Insufficiency in Children
and Adults

**Division of Pediatric
Otolaryngology**

**3959 Broadway, 501 North
Children's Hospital of New York
New York, New York 10032
212-305-2987
Fax 212-305-6142**



Children's Hospital of New York Craniofacial Speech Disorders Center

HYPERNASALITY

■ Hypernasality is the most common resonance disorder in children. It occurs most frequently in children born with a cleft palate or other craniofacial anomalies. This disorder is marked by too much air leakage from the nose during speech. It has also been found in children with neurologic disorders, developmental delay, and after adenoidectomy, as well as in otherwise normal children. Hypernasality can make it difficult for your child's speech to be understood by strangers, friends and sometimes even family members. Your child is being evaluated to make sure the best possible treatment of this speech problem is being offered.

■ The management of hypernasality greatly improves communication ability and quality of life. Treatment may involve surgery, prosthetic appliances, therapeutic intervention or a combination of these treatments.



■ The most effective methods of management of hypernasality are conducted with an interdisciplinary approach.



THE CENTER WILL PROVIDE

- State of the art care for children and adults using scientifically and clinically researched methods.
- Multidisciplinary Pediatric team of internationally recognized craniofacial speech physiologist, otolaryngologist/head and neck surgeon, speech pathologists, audiologists and prosthodontists with extensive experience in treating velopharyngeal insufficiency.
- State of the art diagnostic regimes including pediatric and adult nasopharyngoscopy, multi-view-vidiofluoroscopy, vocal analysis and biofeedback.
- Highly individualized treatment include; custom designed speech therapy treatment programs, frequent monitoring of progress, and therapeutic hotline.

WHAT TO EXPECT AT YOUR VISIT

During the visit the child will have several types of evaluations in one setting. A medical history of the child's general and speech health will be taken. A complete head and neck examination will be performed. A speech evaluation will be performed to further define the child's speech problem. Hearing testing will be performed if there are any concerns about ear or hearing health.

One of the most important parts of the evaluation is a *nasopharyngoscopic exam*. This examination will be done if surgical treatment of the child's speech problem may be necessary. It involves looking at the back of the child's throat while they are speaking to see how the muscles of the throat work during speech. This exam helps us determine what is the best type of treatment for the speech problem.

A very small, flexible telescope is gently placed in the nose so that we may see the back of the throat. The child will be asked to say a few words or sentences with the telescope in place. This takes just a minute or two to complete.

If more information is needed to help plan treatment, we may ask your child to have a *videofluoroscopic exam*. This is an x-ray study performed by a radiologist and a speech pathologist. This exam would be scheduled after your first visit to the center, if necessary.